

SEND Support

This is a list of information websites, tips and resources to help you support your children with their additional needs, learning and self-esteem. Children have varying needs and there is no one size approach fits all. It is quite common for children to have additional needs that span all these areas, so select the resources that meet the needs of your child, without worrying too much about the label or category they fall under. Everyone has strengths and weaknesses and these SEND strategies will be beneficial to many children, whether or not they have a diagnosis.

ASD	
Information Websites	<p>https://www.autism.org.uk/ https://www.autism.org.uk/about/family-life/parents-carers.aspx</p>
Tips	<ul style="list-style-type: none"> - Children with Autism need structure and routine. You can help them by using visual timetables to help them see what is happening at each step of the day, so they know in advance what they will be doing next. This will relieve some of their anxiety. - You might want to set a specific place for them to do any work or tasks. At school they may have this in the form of a workstation, if appropriate, to support their learning (see example in resources section). Each child's workstation may differ slightly, so you could ask your child to help you set one up that will suit them or that they are already used to. - Prepare them, as much as possible, for changes in routine. - Help your children to recognise and name different emotions and feelings. You can do this by discussing their own emotions, how characters in books and on TV programmes might be feeling and how you yourselves might be feeling. Alongside naming the emotion, describe it and explain why you, they or fictional characters might be feeling like that. You can also play role play guessing games and ask them to name the emotion and say why. - Use a 5 point scale to support children in managing their emotions. - Use social stories and comic strip cartoons to help children understand different situations and perspectives and address inappropriate behaviour. - Have a visual aid to support wanted and unwanted behaviours (see School Website for examples). - Be aware of your child's sensory needs and support them in managing that need to help them learn e.g. sound reducing earphones if noise is a problem, comfortable clothes, keep the area surrounding the work space clear to avoid over-stimulation etc. - Play lots of games with your child to encourage social skills, such as taking turns and winning and losing.
Resources	<p>Visual timetable (see school website) Social stories and comic strip cartoons information: https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx https://www.youtube.com/watch?feature=share&v=DA_SsZFYw0w&app=desktop "Time to Come in Bear" an animated story about social distancing</p> <p>Examples of social stories relating to the current situation can be found on our website.</p>

5 point scale: <https://www.5pointscale.com/>

Social skills games: <https://www.twinkl.co.uk/resources/specialeducationalneeds-sen/specialeducationalneeds-sen-social-emotional-and-mental-health-difficulties/sen-friendship-and-social-skills>

<http://autismteachingstrategies.com/free-social-skills-downloads-2/>