

PSHE LTP 2025 - 2026

Reception

<p><u>PSED</u> Can identify a wider range of feelings, e.g. scared, excited, angry, frustrated, nervous, worried and joyful. Can focus attention in a whole class group for a teaching session, e.g. phonics. Is willing to keep trying if something is difficult or challenging.</p> <p><u>Listening, Attention, Understanding</u> Responds to a simple instruction. Listens to stories and can recall the main events.</p>	<p><u>PSED</u> Can label and talk about own and others' emotions. Responds well to more complex instructions in smaller groups, but can need visual reminders in larger groups. Completes set challenges/tasks independently. Is able to talk about ways that skills can be improved and demonstrates pride in their achievements.</p> <p><u>Listening, Attention, Understanding</u> Responds to a series of simple instructions. Listens carefully to stories, can retain what has been heard and can recall key points.</p>	<p><u>PSED</u> Shows an understanding of their own feelings and those of others, and begins to regulate their behaviour accordingly. Sets and works towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Gives focused attention to what the teacher says, responding appropriately even when engaged in an activity, and shows an ability to follow instructions involving several ideas or actions.</p> <p><u>Listening, Attention, Understanding</u> Listens attentively and responds to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions. Makes comments about what they have heard and asks questions to clarify their understanding. Holds conversations when engaged in back-and-forth exchanges with their teacher and peers</p>
--	---	---

Year 1 to Year 6

Valuing difference	Rights and responsibilities	Keeping myself safe	Being my best	Me and my relationships	Growing and changing (SRE)
--------------------	-----------------------------	---------------------	---------------	-------------------------	----------------------------

PSHE Long Term Plan

At Hopwood, year groups cover each theme at the same time. SRE is taught during the Growing and Changing unit in Summer 2.