



Rochdale Autism and ADHD Support Service

Home-Start Rochdale Borough



We offer the following support for families on the Autistic Spectrum and those who are on the pathway. Families who have a child with ADHD, sensory issues, behavioural difficulties, and additional needs may also access support.

HOME VISITING

Support is available to families who have children up to their 12th birthday. We understand how difficult it can be raising a child with additional needs and disabilities.

Our Coordinator has experience living and working with children who are on the Autistic Spectrum, so understands how challenging this can be. We also have a Family Engagement Worker and trained parent volunteers to offer regular emotional and practical support, for families to help reduce stress and ability to cope.



GROUP SUPPORT FOR PARENTS AND CARERS

Every month we offer two group support drop-in sessions for parents and carers of children with Autism, ADHD, behavioural difficulties, and additional needs. These group sessions are relaxed, informal and held in Middleton and Rochdale. (No diagnosis necessary). Parents can drop-in to chat with our Coordinator, meet other parents and share experiences. We also have a sensory table; a selection of books and parent volunteers who deliver readiness for school & sensory activities for children under 5. We provide breakfast, snacks and beverages and the group is free to attend.

We also offer online group support sessions for parents and carers who cannot access home visiting. Weekly telephone support with the Coordinator is also available.

SAM'S SIB'S SUPPORT GROUP

This group is for children age 6-15 years who have a sibling on the Autistic Spectrum. We will:

Help children and young people to understand more about how their sibling sees the world.

Provide a safe environment where they can make time for themselves.

Encourage participation in activities.

Deliver group sessions during term time, free of charge.

Informal session for parents whose child is attending the group.



“Make Friends and Have Fun”

Sam Freeman

Autism & ADHD Coordinator

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